

West Vancouver Child Development Centre
Verdicchio Deli and Trateria plus Dundarave Sushi
2009 and 2010 Hot Lunch Program

Child's Name: _____

March 2010

Verdicchio Deli Menu: (You may pick one item from each group)

Meals cost \$6.00 each

Item 1

Whole wheat pasta and sauces or cheese pizza on whole wheat:

Tomato sauce with Penne	Alfredo Sauce with Penne	Meat Sauce with Penne
Cheese Tortellini (White Pasta)	Whole wheat Cheese Pizza	

Item 2

Salad and side:

Tossed Salad (Ranch/Italian)	Caesar Salad	Garlic Bread
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Date:

Main Meal:

Side Dish:

Sub Total:

Tuesday 2 nd			
Tuesday 16 th			
Tuesday 30 th			

Dundarave Sushi Menu: (Price includes 5% tax) (You may pick one or two items from this group)

Teriyaki Beef Bento Box (\$7.50)	Teriyaki Chicken Bento Box (\$7.50)	Avocado Roll (\$3.00 each)
Edamame (\$3.50)	California Roll (\$3.00 each)	Cucumber Roll (\$3.00 each)
Miso Soup (\$1.25)	Gyoza 6pcs (\$4.25)	Yam Roll (\$3.00 each)

Dates:

Main Meal

2nd meal (If wanted)

Sub Total:

Tuesday 9th			
Tuesday 23rd			

Orders need to be in by Wednesday February 24th .

Please write cheques to the W.V.C.D.C – (No cash please)

Total amount paid \$ _____

Parent / guardian signature: _____